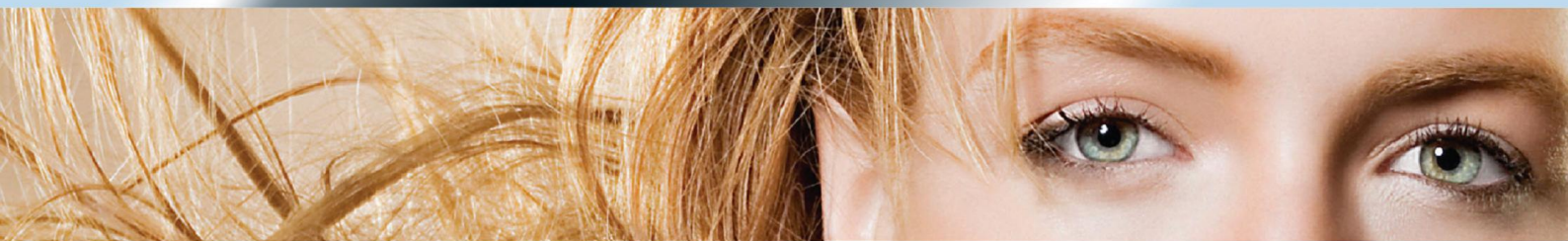


# INSIDERS REVEAL THEIR SECRET FOR HEALTHY SKIN, HAIR AND NAILS



## INSIDERS REVEAL ALL...

"... my hair is soft and lustrous" Christina West, NSW

"I just wanted to share with you what a wonderful product your Qsilica Capsules are. My hair was dull and lifeless. Since taking Qsilica my hair is soft and lustrous... And my friends tell me that I have a healthy glow to my skin. I have noticed a huge difference in the appearance of my hair and skin. This is truly a brilliant Australian product. I shall continue to use Qsilica to maintain my healthy hair, skin and nails. Thank you Planet Health for putting this great product on the market. You truly can see the visible results"

"... my nails are lovely and strong" Anita Dyson, NSW

"I just had to let you know how successful your Qsilica capsules have been for my nails. I had very weak nails and have tried a number of products over the years without any success. I am now into my 3rd box of Qsilica capsules and my nails are lovely and strong and I can't stop telling everyone how wonderful is the product... Thank you for putting this wonderful product on the market."

"... it has made my skin clearer" Chris Blair, WA

"I am turning 49 this year and believe that Qsilica has helped me... I initially began using silica to help strengthen my nails and now use Qsilica Gel twice a day both internally and topically. I believe that it has made my skin clearer and I am also pleased with the results on my nails."

"I shall continue using this product for the rest of my life"

"I don't normally write to Teresa Marshall, Auckland manufacturers about a product but I have been trying your Qsilica Gel for a month now and want to express how much this product has worked for me. I started off with short, weak nails that were continuously chipping and breaking and now my nails are so strong that I just can't stop marveling at them. Also, my hair is noticeably stronger too. Last but not least, my skin is so much smoother and firmer - I stepped out today for the first time without makeup and a friend complimented me on my skin - she thought I had makeup on!! I am in awe of this product and have been telling everyone about it... I shall continue using this product for the rest of my life. Thank you very much!!!"

**Qsilica**  
100% QUALITY  
GUARANTEE

BEAUTY FROM THE INSIDE OUT

Scientifically researched ingredient for  
**HEALTHY AND STRONG  
SKIN, HAIR, NAILS AND  
CONNECTIVE TISSUE**

### WHY IS THE MINERAL SILICA SO IMPORTANT?

Silica is important for healthy and strong connective tissue in the body. It is required for the production of collagen in the skin, the maintenance of healthy blood vessels and the metabolism of calcium in the body. Strong, healthy connective tissue is necessary for smooth and flexible skin, strong hair and healthy nails.

### WHAT IS QSILICA COLLOIDAL SILICA?

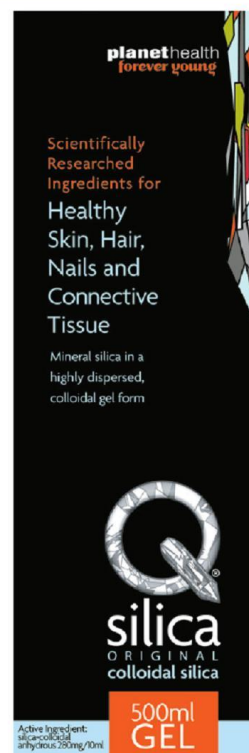
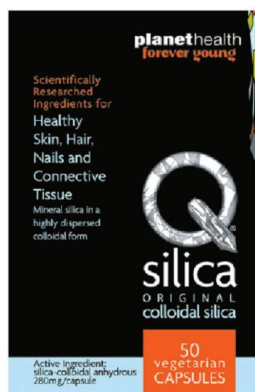
Different to most other silica supplements, **Qsilica Colloidal Silica** is a colloidal solution of microscopic particles of mineral silica. Colloidal minerals are easily absorbed by the body, resulting in readily available active mineral silica to help strengthen and support healthy connective tissue, skin, hair, nails, bones & teeth.

### HOW DO I USE QSILICA?

Qsilica is taken orally, in either gel or capsule form. Both forms contain the same amount of active silica per recommended dose.

Qsilica ORIGINAL  
500ml GEL \$29.95 rrp

Qsilica ORIGINAL  
50 CAPSULES \$29.95 rrp



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forever young

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