

## Media Release

July, 2010

### Feel the Difference! 100% Natural Relief for Digestive Distress *Advanced Digestive Enzymes can help digest food properly*

All new, Lifestream Bowel*Biotics+* Advanced Digestive Enzymes is now available in Australia... bringing relief at last for many people suffering from digestive disorders.

Digestive enzymes are naturally sourced from raw fruits and vegetables, soaked, sprouted or fermented foods in our diet. Cooking meals, eating processed foods, overeating, eating too fast and drinking too much alcohol can all destroy the enzymes we need for optimum digestive health. This in turn can lead to bloating, discomfort and low energy levels.

Lifestream Advanced Digestive Enzymes helps replace lost enzymes so you can digest your meals more efficiently and release nutrients for energy and cell growth and repair.

How is Advanced Digestive Enzymes different? The comprehensive formulation is 100% vegetarian and contains enzymes specially selected to aid digestion of the wide range of foods we eat daily, including:

- Fats - including those found in butter, cheese and meat
- Carbohydrates, such as starches, sugars and fibres - including those found in fruits, vegetables, grains and snack foods
- Proteins - that are generally found in meats, nuts and cheese

Lifestream Advanced Digestive Enzymes is specifically formulated to work with a modern diet that includes so many cooked, processed and take away foods.

Who would benefit from taking Lifestream Advanced Digestive Enzymes?

- People eating a typical western diet (generally low in raw fruits and vegetables, soaked, sprouted or fermented foods)
- People who suffer bloating, flatulence and nausea
- People with food intolerances (such as lactose, fructose)
- Those who are overweight
- Those who tend not to chew their food correctly

Just take one capsule before each meal to feel the difference in your wellbeing.

Lifestream Advanced Digestive Enzymes is available now at leading health food stores and selected pharmacies nationally.

60 Capsules RRP \$29.95

180 Capsules RRP \$69.95

Lifestream Advanced Digestive Enzymes are TGA listed – AUSTL 170861

Media only: For further information or images, please contact Margot Gorski at PR Matters on (03) 9533 6783 or 0412 393 394, or by email at [margot@prmatters.com.au](mailto:margot@prmatters.com.au)